

**7th Annual
Living Skies SynchroSkate
Invitational**

March 10th and 11th 2017

Regina, Saskatchewan Canada

Co-operators Centre - Evraz Place



SYNCHROSKATE

Hosted by: Regina Synchronized Skating Teams
Sanctioned by Skate Canada

Hosted by Regina Synchronized Skating Team

Event Name: Living Skies SynchroSkate Invitational

Event Dates: March 10th and 11th 2017

Registration Information:

Regina Synchronized Skating Teams Website:

www.reginasynchroskate.ca

Online Registration

-

<https://sportform.ca/rsst/>

Registrar:

Any registration inquiries can be directed to Susan Waldal at ppoko@accesscomm.ca

Competition Chair:

Peter Nokonechny

peter.nokonechny@isc.ca

306-529-7732

Technical Representative:

Enid Davidson

e.david@sasktel.net

Arena Details:

Co-operators Centre Arena- Evraz Place

1700 Elphinstone Street

306-781-9292

www.cooperatorscentre.com

Ice Surface Dimensions: **185ft x 100ft**

Accommodation Information:

Executive Royal Hotel

4025 Albert St. Regina, Sk. S4S 3R6

306 586 6755

Skate Canada Room Rate \$135.00

Lots of Bus parking

GENERAL INFORMATION

1. GENERAL RULES

The Event is being held under the current rules of the Skate Canada 2009 Official Rulebook and any amendments thereto which became effective after that date. The nature of the Event is defined in the Skate Canada Technical Handbook, Section 6000, and Synchronized Skating Program. The Association reserves the right to alter the overall procedures to be followed during any part of the Event, if such alteration is considered to be in the best interest of the skaters or the Association. The Technical Representative, Chief Referee, or Senior Referee present will be the agent of the Association in such an instance.

2. COACH ACCREDITATION:

1.

All coaches must be minimally certified NCCP Level I and wear their accreditation/Photo ID card at all times and hold a valid First Aid Certificate. Coaches will register in person and show their section photo ID card. Failure to comply with the above will result in: they will not be permitted into any restricted or designated Coaching Areas (including dressing rooms).

Coaches can contact the section office if they have any questions about their photo ID.

Note: The main coach and one alternate (skater) will stand at the entrance to the ice. The chaperones will be allowed in the dressing rooms ONLY and will not have access to ice level during the practice and the competition.

3. CATEGORY TEAM EVENTS

Beginner I

8 – 16 skaters, maximum music time 2:10 minutes (program times may be shorter and will receive no penalty). No age limit (recommended skaters working on CanSkate Stage 4 or higher).

Beginner II

8 – 16 skaters, maximum music time 2:40 minutes (program times may be shorter and will receive no penalty). Skaters must not have reached the age of 12 as of July 1st preceding the competition. At least 75% of the skaters must not have reached the age of 10 as of July 1st preceding the competition.

Elementary

8 – 16 skaters, maximum music time 2:40 minutes (program times may be shorter and will receive no penalty). Skaters must not have reached the age of 15 as of July 1st preceding the competition. At least 75% of the skaters must not have reached the age of 12 as of July 1st preceding the competition.

Juvenile

8 – 16 skaters, maximum music time 3:10 minutes (program times may be shorter and will receive no penalty). Skaters must not have reached the age of 15 as of July 1st preceding the competition.

Pre-Novice

8 – 16 skaters, maximum music time 3:10 minutes (program times may be shorter and will receive no penalty). Skaters must not have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 10 as of July 1st preceding the competition.

Novice

A team of 12 to 16 skaters, maximum music time 3:30 minutes (+/- 10 sec). Skaters must have reached the age of 10 as of July 1st preceding the competition. 75% of skaters must not have reached the age of 15, and up to 25% must not have reached the age of 19 as of July 1st preceding the competition.

Intermediate

A team of 12 to 16 skaters, maximum music time 4:00 minutes (+/- 10sec). Skaters must have reached the age of 12 as of July 1st preceding the competition but must not have reached the age of 25 as of July 1st preceding the competition.

Open

A team of 12 to 16 skaters, maximum music time 4:00 minutes (+/- 10 seconds). Skaters must have reached the age of 12 as of July 1st preceding the competition.

Adult SYS Class I

8 – 20 skaters, maximum music time 3:40 minutes (program times may be shorter and will receive no penalty). Skaters must have reached the age of 19 as of July 1st preceding the competition.

Adult SYS Class II

8 – 20 skaters, maximum music time 3:40 minutes (program times may be shorter and will receive no penalty). Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 75% of the skaters must have reached the age of 25 as of July 1st preceding the competition.

Adult SYS Class III

8–20 skaters, maximum music time 2:40 minutes (program times may be shorter and will receive no penalty). Skaters must have reached the age of 19 as of July 1st preceding the competition. At least 50% of the skaters must have reached the age of 35 as of July 1st preceding the competition.

Junior

A team of 16 skaters. Short Program- maximum 2:50minutes. Long Program- 4:00minutes (+/-10sec). Skaters must have reached the age of 13 as of July 1st preceding the competition but must not have reached the age of 19 as of July 1st preceding the competition.

Senior

A team of 16 skaters. Short Program- maximum 2:50minutes. Long Program- 4:30 minutes (+/- 10sec). Skaters must have reached at least the age of 15 as of the July 1st preceding the competition.

4. SYSTEM OF MARKING:

The Cumulative Points Calculation (CPC) will be used.

5. PRACTICE ICE: Please note that every effort will be made to book practices on official ice surface.

- Each team will be allowed to purchase 1- 10 minute block of ice. Please fill out practice Ice portion of registration.
- 10 minute block- \$40
- 15 minute block- \$50

Please note that Junior and Senior teams only are able to purchase 1- 15minute block for short and long program practice.

6. SCHEDULE OF PRACTICE TIMES AND EVENT SCHEDULE:

All confirmation packages will be emailed out only.

ENTRIES:

Entrants in Events shall be:

- Eligible persons as defined in Skate Canada Rule Book Section 2100
- Be Associate members in good standing of the Association
- Proof of age may be requested at registration for entries with age restrictions.

7. All categories in the competition will be skating twice.

CLOSING DATE OF ENTRIES:

All entries must be received no later than **February 28th 2016.**

8. ENTRY FEES:

\$250.00 per team and \$25.00 per skater (including alternates). Please register online and send a copy of your email confirmation along with your cheque(s). Your registration will not be processed until payment is received. Cheques or money orders must be made payable in Canadian Funds to **Regina Synchronized Skating Teams (RSST)**. Entry fees will be refunded only if the event is cancelled or the entry is refused. If an entry form is incomplete, the organizing committee will inform

the contact person responsible for that entry and reserves the right to surcharge for reprocessing that particular entry. The organizing committee also reserves the right to limit the number of entries. Late entries will ONLY be accepted at the discretion of the Technical Representative/Chief Referee.

PLEASE NOTE: CHEQUES POSTDATED AFTER THE CLOSE OF ENTRIES WILL BE RETURNED AND REGISTRATION WILL NOT BE PROCESSED.

THERE WILL BE A \$20.00 CHARGE FOR ANY NSF CHEQUES RECEIVED.

Mail copy of email confirmation and Payment by Mar. 3rd to:

**RSST
6 Palmer Cres.
Emerald Park, Sask.
S4L 1A3**

CONFIRMATION: You will receive an email confirmation upon registration and a complete package including the following will be emailed the week of February 27st 2017.

- a) Tentative event schedule
- b) Practice Ice time schedule
- c) Photography Information
- d) Arena Map

9. **MUSIC REGISTRATION:**

Each team will provide **2 CDs. TWO COPIES MUST BE HANDED IN AT REGISTRATION.** One for competition (marked as 'Master') and one for back up (marked 'Copy'). The competition Master will be played during practices and competition. **Please no cassette tapes.**

Team Manager/Coach is responsible for the recovery of their CDs at the completion of the Event.

Standard Specifications for CDs:

- 1) Only one (1) program shall be recorded on each CD.
- 2) The start of the music shall be recorded on the CD at least 3 seconds following the head leader and not more than 5 seconds
- 3) Music shall be recorded at equal levels on both left and right channels in stereo.
- 4) Team name followed by event, program length and coaches name must be clearly printed on the CD.
- 5) CD's shall be enclosed in their integral containers.
- 6) Music recording levels shall be a maximum of 0VU and a minimum of -8VU.
- 7) Music on CD must be in wav format (not mp3, iTunes or DVD format).

10. **ACCIDENTS:**

The Association and Committee of the Host Club undertake no responsibility for damages or injuries suffered by the skater. As a condition of and in consideration of their entries in these Championships, all competitors and their parents or guardians shall be deemed to agree to assume all risks or injuries to the competitor's person and property resulting from, or caused by, or connected with the conduct and management of the competitions. An agreement must also be deemed to release any and all claims they may have against the officials, the Association, the Host Club, and their officers. Entries shall be accepted only in accordance with these conditions.

11. **REFUND OF ENTRY FEES:**

- No refunds shall be issued after March 3rd 2017.

12. **ON-SITE REGISTRATION:**

- Teams must register at least one hour prior to their scheduled Event Category or practice. Music CD's must be turned in at the time of registration. **(2 copies of music must be**

registered). Teams must report to the Ice Captain one hour prior to their scheduled Category.

13. **ALTERNATES:**

- Once a program has started, no substitutions of personnel will be permitted. Registered alternates may be substituted only if the program is stopped by the referee due to injury or equipment failure. Rule 5910 applies. Each team may have up to 4 alternates. One (1) alternate must remain with the Ice Level Referee during performance.

14. **CANCELLATION OF EVENTS:**

- The host club reserves the right to cancel events.

15. **WARM UP PERIOD/ ENTRY AND EXIT:**

- Each team shall be allowed one (1) minute of warm up on the competition ice surface immediately prior to the performance (all categories). A team must not take more than thirty (30) seconds to enter the ice prior to the warm up (this time will begin from the moment the first skater enters the ice surface) and thirty (30) seconds to exit the ice after the program has ended. No music will be played.

16. **AWARDS:**

- Further information will come in the confirmation package.

17. **Clothing:**

- Clothing shall be according to the Technical Handbook 6000 D3.0 (1)

18. **Photography**

- Professional Team Photography is available through Inspiration Photography.
- Photography order form will be provided after registration.